

Delaware Health Care Commission
Thursday, January 7, 2016 9:00 a.m.
Outlook at the Duncan Center
5th Floor
500 W. Loockerman Street, Dover

Meeting Minutes

Commission Members Present: Nancy H. Fan, MD, Chairperson; Theodore W. Becker, Jr.; Susan A. Cycyk, M.Ed, Director of Prevention and Behavioral Health Services, Department of Services for Children, Youth and Their Families; Rita Landgraf, Secretary, Delaware Health and Social Services; Janice L. Lee, MD; Kathleen Matt, PhD; Edmondo J. Robinson, MD; Dennis Rochford; and Karen Weldin Stewart.

Commission Members Absent: Thomas J. Cook, Secretary of Finance; and A. Richard Heffron.

Staff Attending: Laura Howard, Executive Director; and Marlyn Marvel, Community Relations Officer.

CALL TO ORDER

The meeting was called to order at 9:00 a.m. by Dr. Nancy Fan, the new Commission Chairperson.

Dr. Fan is a practicing OBGYN in Wilmington at St. Francis Hospital. She has been practicing in Delaware for about 19 years. She attended the Temple University School of Medicine and completed her residency at the Baylor College of Medicine in Houston, Texas.

Dr. Fan is the immediate past president of the Medical Society of Delaware. She currently serves on the Delaware Center for Health Innovation (DCHI) Board of Directors and is the Co-Chair of the DCHI Clinical Committee.

Dr. Fan thanked Bettina Riveros for recommending to Governor Markell that she be appointed as Chair of the Health Care Commission. Ms. Riveros served the Commission extremely well and provided great guidance and leadership.

Dr. Fan recognized Dr. Janice Nevin for the service that she has provided to the Health Care Commission since 2007. Dr. Nevin resigned from the Commission effective January 1, 2016. Dr. Fan thanked her for the great resources she has offered to the Health Care Commission over the years.

Dr. Nevin thanked Dr. Fan and the members of the Health Care Commission. She stated that it has been a true privilege to serve as a member of the Health Care Commission. She stated that it has been an honor and a privilege to work with outstanding leaders and to have accomplished so much over the last several years and set the stage for so much more to come.

Secretary Rita Landgraf offered her appreciation and, on behalf of Governor Markell, his appreciation for the dedication that Dr. Nevin has provided in her role as a member of the Health Care Commission. She stated that she wanted everyone to be aware of the tremendous credentials that Dr. Nevin brings to the state of Delaware and that the reason she is moving on is

that she is in a leadership role at Christiana Care and is looking at advancing innovative things within the Christiana Care health network.

Dr. Fan introduced new Commission member Dr. Edmondo Robinson. Dr. Robinson is filling the vacancy left by Dr. Janice Nevin. He attended the meeting as a non-voting member, due to some paperwork still needing to be completed.

Dr. Robinson is the Senior Vice President of the Christiana Care Health System, as well as the Executive Director of the Christiana Care Wilmington Hospital. He is a physician, internist, and hospitalist. Dr. Robinson is originally from southern California. He came to the East Coast to attend the Wharton School at the University of Pennsylvania, where he received his Master of Business Administration degree and completed his fellowship.

DECEMBER 3, 2015 MINUTES

Susan Cycyk made a motion that the December 3, 2015 meeting minutes be approved. Ted Becker seconded the motion. There was a voice vote. Motion carried.

STATE LOAN REPAYMENT PROGRAM

Funding Update

The Health Care Commission reviewed the State Loan Repayment Program funding update that is attached to these minutes.

Review of Applications

Laura Howard stated that the State Loan Repayment Committee and DIMER Board of Directors have reviewed the applications for this period and have approved the following applicants.

New Eligible Sites:

Div. of Developmental Disabilities Community Services/ Stockley Center

- Sussex County
- HPSA Score: 15
- Recruit: Andrea Mancini-Smith, LPCMH

Eligible New Applicants*:

Gary Hartford, LPCMH

- Licensed Professional Counselor of Mental Health
- Delaware Guidance Services / Sussex County
- Recommended Award: \$35,000

Jamie Johnson Gellock, DO

- Doctor of Osteopathic Medicine
- Westside Family Healthcare / New Castle County
- Recommended Award: \$70,000

Andrea Mancini-Smith, LPCMH

- Licensed Professional Counselor of Mental Health
- Div. of Developmental Disabilities Community Services/
Stockley Center / Sussex County

- Recommended Award: \$13,000

Emily McDonald Rumph Szeliga, PsyD

- Psychologist / Clinical Psychology
- Delaware Psychiatric Center / New Castle
- Recommended Award: \$35,000

* All applicants are eligible and all loans are verified

Eligible Continuation Applicants*:

Alireza Pirestani, DO

- Doctor of Osteopathic Medicine / Internal Medicine & Pediatrics
- Westside Family Healthcare / New Castle
- Recommended Award: \$35,000

Molly Tidey Sandrian, DO

- Doctor of Osteopathic Medicine / Internal Medicine & Pediatrics
- Westside Family Healthcare / New Castle
- Recommended Award: \$35,000

Douglas Schultz, PsyD

- Psychologist / Clinical & Forensic Psychology
- Delaware Psychiatric Center / New Castle
- Recommended Award: \$17,500

Ms. Howard stated that all of the applicants are eligible, all loans are verified and the Health Care Commission has the funds available to support the recommended awards.

Action

Susan Cycyk made a motion that the Health Care Commission approve the recommended loan repayment awards. Ted Becker seconded the motion. There was a voice vote. Motion carried.

SUSSEX COMMUNITY HEALTH NEEDS ASSESSMENT

Catherine Murphy, of Beebe Healthcare, gave a presentation on the Sussex Community Health Needs Assessment. A copy of the presentation is posted on the Delaware Health Care Commission's website at <http://dhss.delaware.gov/dhcc/presentations.html>.

Ms. Murphy stated that she is part of the Healthier Sussex County Task Force. The IRS has mandated that all of the hospitals conduct a Community Health Needs Assessment once every three years.

The study looks at health behaviors in the community, clinical care, social and economic factors and physical environment. Copies of the survey form were provided for members of the Health Care Commission and guests attending the meeting to complete.

Ms. Murphy stated that step one of the Community Health Needs Assessment is to identify the population that needs to be assessed. Step two is the identification of health priorities through data sources, surveys, focus groups, and key informant interviews. Step three is assessment of

the health priorities for action, honing in on the disparities. Step four is the action planning to implement identified strategies.

The Healthier Sussex County Task Force is a collaborative effort of the Beebe, Nanticoke and Bayhealth hospitals.

Time Line

- Process and Survey Design – Fall 2015
- Data Collection – Winter 2015-16
- Report back to Task Force – May 2016
 - The Task Force is made up of all of the CEOs of all of the hospitals. Ms. Murphy will be meeting with them in February to give them an idea of what the surveys up to this point are saying.
- Complete and Publish Report – Summer 2016
- Planning/Programming – Summer 2016
- Begin Implementation Strategy – November 2016

Community Health Needs Assessment Methodology for Healthier Sussex County

1. Using common community survey and Stakeholder/Focus Group Questionnaires
 - Available in English and Spanish
 - Distribute at Community Events, Direct Mail to Key Groups, and Online at <https://www.research.net/s/commhealthneeds>
2. Information to be compiled collaboratively and shared amongst three hospitals
3. Recommend combined report/implementation plan for Healthier Sussex County
4. Final report written made available to the public via the Healthier Sussex County and DE Health Tracker websites

Discussion

Ms. Cycyk stated that her Department often hears from surveys that people do not feel that they have access to mental and behavioral health services. The definition of what they want access to is difficult to get. They do not feel that they get help but the Department does not know what it is that they feel they really need. She stated that it would be helpful if the Department and the Healthier Sussex County Task Force could work together to determine what the community is saying they are lacking.

Ms. Murphy stated that the Healthier Sussex County Task Force is scheduled to meet on January 20 in Georgetown. She will send Ms. Cycyk an invitation. The Task Force usually meets monthly.

Ms. Murphy stated that one of the things they noted was that they were not connecting with the schools in the community. The hospitals are interconnected with the high schools, which have Family Nurse Practitioners (FNPs). The hospital CEOs wanted to know what is happening in the schools. They are finding that many of the students are receiving their main health care from the school. They are going there for mental health care, pregnancy and physicals. Ms. Murphy has been able to have the FNPs attend the Task Force meetings. Two questions were added to the short survey for the community for parents about their children and where they are getting their health care.

Ms. Murphy stated that more services for mental health are needed in Sussex County. There is a high amount of addiction and heroin abuse, resulting in over 2,000 deaths every year. It is important to bring that health disparity under control.

John Dodd, of Brooks and Dodd Consulting, stated that he is interested in patient consumer involvement. He asked if any members of the community are involved. He stated that churches are a great resource.

Ms. Murphy stated that the surveys are taken to churches and libraries. They have also created a SurveyMonkey that they would like to send out to the public.

AFFORDABLE CARE ACT/HEALTH INSURANCE MARKETPLACE UPDATE

Delaware's Health Insurance Marketplace: Update on Activities

Secretary Rita Landgraf presented an update on Delaware's Health Insurance Marketplace. A copy of the presentation is posted on the Delaware Health Care Commission's website at <http://dhss.delaware.gov/dhcc/presentations.html>.

Enrollment Update

- CMS releases weekly cumulative 'snapshots' of enrollments in the 38 states that use HealthCare.gov
- Through Jan. 2 – 26,528 Delawareans had signed up for coverage or had their coverage automatically renewed.
- Nationally, more than 8.6 million individuals in these states had signed up or been automatically re-enrolled.
- The snapshots do not specify the number of consumers who paid their premiums to activate their coverage effective either Jan. 1 or Feb. 1

U.S. Health Care Spending in 2014

- U.S. health care spending grew 5.3% in 2014, following growth of 2.9% in 2013, according to CMS
- Growth was driven primarily by millions of new users of health insurance as a result of the Affordable Care Act and by rapidly rising costs for prescription drugs.
- Rate of growth remains below that in most years before the coverage expansion. In the decade before the ACA, spending grew an average of 6.9% annually.
- Consumer out-of-pocket spending grew by 1.3% in 2014, a slower rate of growth than the 2.1% in 2013, reflecting the increased number of individuals with health coverage and the drop in the number of uninsured.
- Full report at www.CMS.gov

Key Dates and Reminders

- January 15, 2016 is the last day to enroll for coverage to begin on February 1, 2016.
- January 31, 2016 open enrollment ends for Plan Year 2016. Coverage secured by this date will start March 1
- Consumers who experience qualifying life events such as birth/adoption of a child; marriage or divorce; loss of minimum essential coverage; aging out of parents' insurance at age 26; or domestic violence eligibility may enroll outside of open enrollment.
- Enrollment assisters and agents and brokers are available to help with enrollments outside open enrollment.

- Visit www.ChooseHealthDe.com to find free assistance.
- Enrollment in Medicaid and in the SHOP marketplace for small businesses is open year-round.

Discussion

Joann Hasse, of the League of Women Voters, asked if it would be possible to have the snapshot chart of the rising health care costs since 1960 correlate with the rise in life expectancy. There are many people who are now alive because they have increased medical treatment from what was available in 1960.

Ms. Hasse asked if anyone is tracking why people choose one plan over another. Secretary Landgraf stated that there is no definitive information available. Ms. Howard stated that the available information is anecdotal from assisters that have direct contact with people who are choosing plans. There is nothing available on a statewide basis to indicate why people are choosing the plans they choose.

Ms. Hasse asked if all of the hospitals in the state are in all of the networks that are available in the plans. Secretary Landgraf stated that all of them are, with the exception of Nemours and United.

CENTER FOR MEDICARE & MEDICAID INNOVATION (CMMI)

Delaware's State Innovation Model (SIM) Update

Laura Howard gave an update on the CMMI State Innovation Models Project (SIM). A copy of the presentation is posted on the Delaware Health Care Commission's website at <http://dhss.delaware.gov/dhcc/presentations.html>.

SIM activities updates

Upcoming Opportunity To Learn About Available Practice Transformation Support

- Opportunity for providers across the state to meet and interact directly with Practice Transformation Service Providers
- All 4 SIM-funded practice transformation vendors will be represented:
 - MedAllies
 - MedNet/MSD and HealthTeamWorks
 - New Jersey Academy of Family Physicians and Delaware Academy of Family Physicians
 - Remedy HealthCare Consulting LLC
- Representation from HealthPartners Delmarva Practice Transformation Network

Recent SIM Grant Activities

- The SIM Operational Plan for 2016 is being finalized for submission to CMMI; expect approval by January 31
- Major components of the Operational Plan include:
 - Revised timeline, budget summary and core progress metrics
 - Detailed operational plan across SIM program areas
- Vendor for state-led evaluation of SIM program is being selected through procurement process
- Evaluator will track implementation milestones and outcomes, and ensure the state meets program goals.

- RFP for Graduate Health Professionals Consortium and Health Care Workforce Learning and Re-Learning Curriculum will be released on January 15
- Check bids.delaware.gov for posting

DCHI Board Updates

Summary of December DCHI Board Meeting

- DCHI Executive Director updated Board on progress made towards DCHI startup and infrastructure requirements
- Board voted to renew all Committee rosters for 2016
- Board discussed committee operating procedures and opportunities to improve consistency in 2016
- Discussed Consensus Paper on Integration of Behavioral Health and Primary Care
 - Board asked to review the milestones for 2016 and provide feedback
 - Final draft of paper will be brought to the Board in January 2016 for discussion and approval
- Reviewed overall Program dashboard
 - Board asked to provide feedback on metrics including provider satisfaction, workforce availability, and consumer engagement
 - Committees will provide final input on measures, to be approved by Board in January 2016

Recent DCHI focus areas

- Finalizing rollout plan for Healthy Neighborhoods Wave 1 and support to be provided to Neighborhoods
- Continue engaging providers for Practice Transformation support in collaboration with HCC
- Developing stakeholder engagement survey focused on workforce licensing and credentialing processes
- Reviewing options for a statewide patient experience survey to be included in the Common Scorecard
- Finalizing next release of v1.0 of the Common Scorecard for continued testing with practices
- Developing white paper on value-based payment models.

The next meeting of the DCHI Board will be held on January 13, 2016 at 2:00 p.m. at the University of Delaware's STAR Campus.

Discussion

Mr. Dodd asked if the Commission is going to pursue additional grants.

Dr. Fan stated that the Commission has applied for a grant for Healthy Neighborhoods. Dr. Jan Lee has obtained some grants through the Delaware Health Information Network (DHIN) that are an integral part of the Technical Advisory Group.

Dr. Lee stated that DHIN received one of the Office of the National Coordinator for Health Information Technology (ONC) grants. Delaware was one of twelve states to receive one of the ONC grants to continue to promote interoperable health IT and health information exchange with an emphasis on bringing in groups that were not eligible for the meaningful use incentives.

DHIN is working with behavioral health organizations and long term post acute care, as well as eligible professionals. All of the activities in the grant tie to the State Innovation Model (SIM). The grant is going to help with practice transformation and behavioral health integration.

OTHER BUSINESS

There was an opportunity for other business and there was none.

PUBLIC COMMENT

Jim Lafferty, of the Mental Health Association, asked what the final date is to apply for health insurance. Secretary Landgraf stated that January 15th is the final day to apply for insurance to begin on February 1st and January 31st is the final date to apply for insurance to begin on March 1st.

Jonathan Kirch, of the American Heart Association and American Stroke Association, stated that in 2007 the Health Care Commission commissioned a report on stroke systems of care and the need to develop a better coordinated stroke system of care in Delaware.

Last month the leaders of the State's Emergency Medical Services (EMS) and the stroke medical directors of Delaware met at the Delaware Fire School. The health system stakeholders are finally going to work together to figure out how to improve the coordination of the fragmented health system for stroke systems of care. The results of delays related to fragmented care are catastrophic. By working together the care that Delawareans receive will be improved.

Brian Olson, of La Red Health Center, stated that La Red has opened a fifth Federally Qualified Health Center (FQHC) service delivery site in Sussex County. They have acquired the largest OBGYN practice in Sussex County and they know that many women use their OBGYN providers as their primary care providers. This opens up a whole new opportunity for existing patients to access specialty care that was difficult to access previously. The site is located in Seaford one block from the existing Seaford site and has been approved by HRSA as an FQHC site.

NEXT MEETING

The next meeting of the Delaware Health Care Commission is 9:00 a.m. on Thursday, February 4, 2016 at the Duncan Center, 5th Floor, 500 West Loockerman Street, Dover.

ADJOURN

The meeting adjourned at 10:35 a.m.

GUESTS

Corinne Armann	Rebecca Batson Kidner, PA
Helen Arthur	Delaware Health Care Commission
Janet Bailey	Hewlett-Packard Enterprise
Carol Bancroft	Delaware Technical Community College
Linda Barnett	
Kim Blanch	Beebe Population Health
Judy Chaconas	Division of Public Health
Jeanne Chiquiri	American Cancer Society
Eschalla Clarke	Delaware Health Care Commission
Mike Cordrey	ab&c
William Derbyshire	DPBHS
John Dodd	Brooks & Dodd Consulting
Marge Fleming-Smith	Parkinson Action Network
Jill Fredel	Delaware Health and Social Services
Jerry Grant	Department of Insurance
Jim Grant	Delaware Health and Social Services
Sheila Grant	AARP
Deborah Hamilton	Cozen O'Connor
Joann Hasse	League of Women Voters
Ephraim Kaba	Henrietta Johnson Medical Center
Matthew Killam	Peninsula Regional Medical Center
Jonathan Kirch	American Heart Association/American Stroke Association
Jim Lafferty	Mental Health Association
Paul Lakeman	Bayhealth Medical Center
Jen Lee	WSM
Lolita Lopez	Westside Family Healthcare
Cheyenne Luzader	Beebe Healthcare/Developmental Disabilities Council
Katie Macklin	Alzheimers Association
George Meldrum	Nemours A.I. DuPont Hospital
Julane Miller-Armbrister	Delaware Center for Health Innovation
Nick Moriello	Health Insurance Associates
R.W. Munson, Jr.	United Medical
Catherine Murphy	Beebe Healthcare
Brian Olson	La Red Health Center
Alex Parkowski	ab&c
Cimone Philpotts	Senator Coons
Frank Pyle	Department of Insurance
Brian Rahmer	Christiana Care Health System
Karyl Rattay	Division of Health and Social Services
Jill Rogers	DSAAPD
Paula Roy	Roy Associates/DCSN
Christine Schiltz	Parkowski, Guerke & Swayze
Shay Scott	Henrietta Johnson Medical Center
Wayne Smith	Delaware Healthcare Association
Karen Stoner	Highmark
Joanna Suder	Department of Justice
Shari Thomassen	Nemours
Mark Thompson	Medical Society of Delaware
Jose Tieso	HPES DMMA

Emily Vera
Bhavana Viswanathan
John A. Young

Mental Health Association
University of DE Center for Disabilities Studies
MACHC

State Loan Repayment Program
January 7, 2015

Funding Update

The Loan Repayment Program has the following funds available for distribution:

END DATE	AMOUNT	PROGRAM	SOURCE
June 30, 2016	\$ 301,430		State
	\$ 20,630	FY 15 DIMER SLRP	
	\$ 150,000	FY 16 DIMER SLRP	
	\$ 72,500	FY 15 DIDER SLRP	
	\$ 58,300	FY 16 DIDER SLRP	
August 31, 2016	\$ 420,000	DIMER or DIDER	FY 16 Federal

NOTE:

A carry over request in the amount of \$316,500 has been submitted to enable us to continue spending the FY 15 funds that were previously obligated with contracts for loan repayment awards.